

Coastal Dental Services <<<>> Dentures & More

Southside Office

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Confidential Personal Information and Medical & Dental History Form (Page 3 of 5)

DENTURE CARE INSTRUCTIONS FOR NURSING HOME & RESIDENT FACILITY PATIENTS

1. All patients are to sleep with their denture(s) out unless specifically instructed otherwise.
2. Remove denture(s) after each meal, wash denture(s) and rinse mouth with tepid tap water to remove food debris.
3. Thoroughly scrub denture(s) prior to bedtime, rinse mouth with tap water and place denture(s) in denture soak solution such as "Efferdent" or any other commercially available denture soak. Prior to re-inserting denture(s) in the morning, rinse denture(s) thoroughly with tap water to remove all soak solution.
4. If soreness or sensitivity persists, rinse with warm salt water until the problem resolves, or until an adjustment appointment can be scheduled.
5. All denture patients are to clean their mouth daily by both rinsing with tepid tap water and scrubbing their ridges with either a washcloth or soft bristled toothbrush.
6. Diet as tolerated and within attending physician's orders.
7. If patient does not want to wear their denture(s) all of the time, do not force them to. Some patients simply do not want to wear their denture(s) -- if this is by desire, it is OK to leave them out. If they cannot or will not wear their denture(s) due to a denture sore spot or will not wear their denture(s) at any time during the day, call the appointments secretary at their treatment office to schedule an appointment for an adjustment.
8. Residents may utilize some denture adhesive if they like, but it is preferred for them to tolerate their dentures without adhesives, however, if they ask, let them have some adhesive (paste).
9. Remove patient's old dentures so that they will not get them mixed up with the new dentures and inadvertently wear one, or both of the old dentures -- wearing one of the old dentures against one new denture, can create denture sore spot problems. Rinse the old dentures and place them in a zip-lock bag with water and give them to resident's family for safe-keeping (or use in case of an emergency).
10. Any time a resident patient comes to the dental office for treatment, please assure that they have no adhesive, paste, or powder in their dentures. If the patient is not wearing their dentures due to soreness or any other reason, make sure that the dentures are brought in with the patient.